WELCOME, NEWCOMERS

If this is the first time you have attended the Traditional Latin Mass, you may have noticed that our parishioners do not dress casually in the church. Since the changes in the Church, few parishes have any kind of dress code. Here, however, we still believe that modesty and appropriate attire are necessary, especially in Church out of reverence for the Blessed Sacrament. Please observe these minimum standards of dress for attendance at Church services:

Women and girls must cover their heads. Chapel veils or mantillas are available for loan in the vestibule. They should also wear dresses or skirts that cover the knee completely when standing or sitting; slacks and shorts are not permitted, nor is sleeveless, tight or low-cut clothing.

Men and boys should wear a suit coat and tie. (High temps—suit coat optional)

Jeans & other casual attire are inappropriate for attendance at Church services.

Also, unless you have been attending the Latin Mass exclusively, you should refrain from receiving Holy Communion until you have met with Father.

There is a hot breakfast served downstairs after Mass, to which you are cordially invited.

— The Worship of God… Yawning in Church —

It is important on Saturday nights to go to bed at a reasonable hour, so that we are fresh on Sunday morning and can give to God a respectful and attentive Worship. How important is it to me that I give God the BEST of my week, not “left-overs!”

Yawning in an ostentatious manner in Church is very inappropriate. One should avoid yawning in Church in the same way as one would not yawn in Heaven. If nature really persecutes the spirit and forces you to yawn, please always do it in a very discreet manner. Yawning during sermons is also not respectful to the priest who speaks to us.

** ** **Remember in your wills...** Catholics to whom God has granted a certain degree of wealth should return some of it to Him in thanksgiving, remembering that He gives wealth only as a trust. . .

***They should remember the Church in their wills. Many Catholics leave funds to some other institution or cause, and completely forget to leave anything to their Mother, the Church. (Adapted from My Catholic Faith)
Catholic Doctrine Class

The first class for this new year of 2020 will be held as usual, after Mass and a “bag breakfast,” on Sunday, March 15th, in the social hall downstairs.

* Remember your obligation to the ongoing study of your Faith.

**Tithe Report — February 2020**

<table>
<thead>
<tr>
<th>Date</th>
<th>Amount</th>
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<tr>
<td>February 2</td>
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<tr>
<td>February 9</td>
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**Total:** $4,424.00

* Poor Box: $635
* Building Fund: $79,434.47
* Mortgage Env: $326.75

Donations to loan payment: see Thermometer

**Thank You for your support!**

**Catholic Doctrine Class**

The first class for this new year of 2020 will be held as usual, after Mass and a “bag breakfast,” on Sunday, March 15th, in the social hall downstairs.

* Remember your obligation to the ongoing study of your Faith.

**Thank all of you who have been so faithful — week after week — in turning in your special Envelopes which are helping to steadily “pull up the temperature” on our Thermometer, and pay back our $100,000 mortgage debt!**

**Remember. God is not outdone in giving.**

25c, $1, $5, $10, $20 - only NOTHING is too small!

**Prayers for the sick of our parish:** Please keep the following in your daily prayers, for the grace and strength they need, and for their complete recovery, as God so wills it: Linda O’Dea  Paul & Catherine Agius

**Lent is here!**

Last month we printed a little notice here in the Sunday Bulletin suggesting a Lenten Sacrifice of volunteering for a few hours, maybe even a whole day, of work in needy areas of our Church. Since we only received one response, it appears that everything else will wait until we can afford to hire out the jobs. Still, this Church is in our care. Let us ALL pray that those who actually would be able to help, but who did not think about it yet, will do so, and notify Father, or the Sisters.

— Then hopefully we can still rally some troops to tackle a couple more areas. They can be as small as you like! Nothing is too small...... the good will, the effort, and the LOVE is gratefully appreciated by the Person Who lives in this “House” night and day — Jesus Christ!

(Remember, it is HE Who is preparing a mansion for each of us in Heaven!)

**Ember Days**

This week — Wed., Fri., Sat. March 4th, 5th, and 7th.

Because of the prescribed Lenten fast, those 21-59 are already keeping the laws of fast. A reminder, however, to all who are 7 years of age and older: this week on Wednesday, March 4, and Saturday, March 7, you may have meat ONLY at the main meal.

**First Fridays and First Saturdays**

In the beginning of this New England mission, our priests were flying in and out on weekends for several years. Still, they made the concerted effort to provide Masses on all of the First Fridays and First Saturdays, coming on THAT weekend when they were only coming once a month. When the Sisters had their first publicly-announced “lecture” at the Embassy Suites in January of 2005, this (to make the First Fridays and First Saturdays) was pointed out as one of the big advantages of having a little “mission” here!

If anyone is not aware of the importance of the observance of the Nine First Fridays (for which Our Lord pleaded to St. Margaret Mary), or the Five First Saturdays (for which Our Lady asked at Fatima), we highly encourage you to obtain some reading material from our bookstore or some other traditional source, and become informed on their importance. There are incredible promises attached to properly observing them.

For this year, for the months of March through November, Fr. Letourneau is going to making the this opportunity available for our people at St. Theresa’s in Maine. He will, however, distribute Holy Communion here at Our Lady of Mt. Carmel at 12:00 Noon on First Fridays, and 1:00 p.m. on First Saturdays.

The Rosary will precede both, and on First Friday, Stations will follow Communion.

**SERMONS ONLINE:** We would like to make everyone aware that you can access the Sunday sermons of Fr. Benedict Hughes by going to the website: www.miqparish.org

There is also live streaming of the Mass at Mary Immaculate Queen on this website.

**Blessed Candles**

*** If anyone still does not have any blessed candles in their home, please see the Sisters.

We have a small number still available, and hope that all of our parishioners have the blessed candles!